

LOOSE PARTS

What are Loose Parts?

Loose parts can be found all over the house! They can be gathered from outside in nature, recycled from everyday household items or purchased from a store!

How do children use Loose Parts?

Loose parts allow your child to let their imagination run wild by creating play experiences, solving math problems, conducting science experiments, creating art and so much more!

Loose Parts Activity

To begin we suggest gathering loose parts. You can store them in containers purchased from the store or we suggest using recycled containers (*salad or dip containers, or old jars - depending on your child's age*). Once you have gathered a large amount of items, share the materials with your child. See how they explore the materials, add items such as action figures or Lego to their Loose Parts Play

Explore

Loose parts can be used for sorting colours, counting and experimenting with balance, building structures, making castles and junk art creations!

Pinterest

We encourage you to check out our Pinterest page for more great ways to use and gather loose parts!

<https://www.pinterest.ca/mindfullittlethings/loose-parts-play/>



[Loose Parts Play Board](#)

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